

Watch this 10-minute TED talk.

https://www.ted.com/talks/michael_norton_how_to_buy_happiness#t-638489

Discussion questions:

1. Do you believe this research? Explain using personal examples.
2. Is this only for rich people? Can the poor or those really forced to manage their budget afford to do this?
3. Do you want to try this? Why or why not? Should we try it as a class?
4. Will this change the way you spend money? Now, as an adult, when you have your own money?